

Approach to RTC MANAGEMENT

ALL SYSTEMS GO

RTC Pre-Alert → Start your Zero Point Survey - STEP UP

PRE-RESUS

- S**elf - physical (I'M SAFE) and mental readiness
- T**eam - **communication** within team and with other specialties, meds and **equipment ready**
- E**nvironment - safety, space (resus bay), heat, noise, light, crowd control



Listen up!

The handover is for the whole team. Listen out for red flags, including in the **mechanism of injury, extent of vehicle damage, duration of extraction, and vital signs**. Pre-hospital medications are also vital.



RESUS

Patient:

Primary Survey

Vitals

catastrophic haemorrhage

Airway - safe/support needed

Breathing - look, feel, listen, **eFAST** (haemo/pneumothorax)

Circulation - perfusion and haemorrhage

- Scalp, occiput - Pelvis (binder) - Long bones
- Abdomen: tenderness, bruising (**seatbelt sign!**)
- **eFAST** (abdomen/pericardium)

Disability - GCS, power and sensation, log roll

Exposure - temperature, injuries

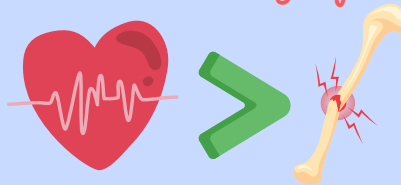
Don't **E**ver **F**orget **G**lucose

Patient Care

Patient factors: pregnant, child, high BMI, infection risk etc

Manage injuries and symptoms

Life over limb:
Beware distracting injuries



Next Steps

Uppdate: **communicate** the assessment with your team

Priorities: set team **goals, plan ahead** for necessary investigation/imaging and treatment, **serial exam**

WHAT?

What does the patient need

WHO?

Who needs to be involved - contact them
e.g. radiology, surgeons, anaesthetics

WHERE?

Where does this patient need to go
e.g. HDU/ICU/OT/Tertiary Centre

